

# SLIDES

STORIES LEGACIES INSIGHTS DREAMS ETHOS STUDIES

## E-MAGAZINE



**Holy Family  
Catholic Hospital  
Berekum**

*Care and Compassion Redefined*



**ALL  
THE  
BEST  
STORIES**

**COLOURFUL | 2024**  
**PHOTOS & EVENTS | 5TH EDITION**

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## EDITORIAL

Achieving quality healthcare delivery can be daunting in low-income settings due to lack of infrastructure, low health literacy, and poverty among other factors. However, *Holy Family Catholic Hospital, Berekum* is going against all odds to set the pace for impacting healthcare through practicable and innovative community-focused activities.

This edition of our online Magazine highlights how the Hospital impacted the healthcare of many people through various activities embarked in 2024. You would love to learn more about the ‘**Child Fair**’ which was exclusive for children and the ‘**Surgery Fest**’ which offered high specialty surgery services to people without cost. The introduction of a ‘**Fruit Day**’ to drum home the health benefits of eating local fruits, and new services including Breast Care are covered herein for you to appreciate the efforts of the Hospital.

In summary, *Holy Family Catholic Hospital, Berekum* has demonstrated an unwavering commitment to overcoming challenges in providing quality healthcare. Through the programs like the ‘Child Fair,’ ‘Surgery Fest,’ ‘Fruit Day,’ and the introduction of essential services like Breast Care, the hospital continues to make a significant impact. These efforts not only address immediate healthcare needs but also educate and empower the community for a healthier future. This Magazine edition serves as a testament to the Hospital's innovative approach and dedication to improving lives through compassionate and accessible healthcare.

## MESSAGE FROM HOSPITAL ADMINISTRATOR

### *Care and Compassion Redefined.....*

Dear cherished clients, stakeholders and valued healthcare team,

As we continue on our journey to provide world-class healthcare services, I am proud to reflect on the remarkable progress we've made at Holy Family Catholic Hospital, Berekum.

Our commitment to compassionate care and exceptional service remains unwavering. We strive to create a warm and welcoming environment, where every patient feels valued, respected, and cared for.

I would like to express my deepest gratitude to our dedicated team of healthcare professionals, who work tirelessly to ensure that every patient receives the highest quality care. Your selflessness, expertise, and kindness inspire us all.

To our patients and families, we thank you for entrusting us with your care. We are honored to serve you and pledge to continue delivering compassionate, patient-centered care that exceeds your expectations.

In this edition of our hospital magazine, SLIDES, we share stories of hope, healing, and excellence.

We highlight the latest advancements in medical care, innovative treatments, and the achievements of our remarkable staff.

Congratulations to the Editorial Board for giving birth to this colorful edition of SLIDES. Thanks to all reporters, reviewers and readers.

We look forward to continuing to serve our community with compassion, kindness, and exceptional care.



**Sr. Reena V John**  
Hospital Administrator  
Holy Family Catholic Hospital, Berekum

# PERFORMANCE REVIEW AND STAKEHOLDERS MEETING

Stakeholder meeting is one of the best practices employed by Holy Family Hospital, Berekum to deepen community collaboration and participation in healthcare delivery. The 2024 edition was held on 31st July at the new conference room of the Hospital. The meeting was attended by various stakeholders including chiefs, Muslim and Christian leaders, and representatives of groups as well as the security services and government agencies in the Berekum Municipality. The meeting was chaired by Nana Korang Stephen who represented the Bono Regional Director of Health Services.

In her welcome address, the hospital administrator, Rev. Sister Reena V. John, underscored the significance of engaging and involving the community, as their inputs are relevant to the hospital's strategic decisions. The Medical Director, Dr. (Med) Enoch Frank Gyamfi, made a presentation on the hospital's activities, with highlights on the achievements, challenges, and new services introduced at the facility. There was an open forum where participants shared their concerns and suggestions.



# INAUGURATION OF THE MATERNITY HIGH DEPENDENCY UNIT AND BREAST CARE CLINIC



On Tuesday 19th March 2024, the Hospital Management Team inaugurated an ultramodern high dependency unit (HDU) at the Maternity Block. The 4-bed capacity unit was set up to improve the quality of healthcare for obstetric and gynaecological patients who will need critical care and specialized monitoring. The unit is run by highly skilled health personnel comprising of an obstetrician, an anesthesiologist, anaesthetists, trained midwives and nurses.

On the same day, the Breast Care Clinic was also inaugurated. The clinic was set up to provide breast health services to patients.

The clinic which operates from Monday to Friday, from 8am to 2pm, is run by doctors from the surgical department, an oncology nurse, an oncology navigator, a senior nursing officer, a senior staff nurse and a staff nurse. Patients present for clinical examinations, breast imaging, breast biopsies and where necessary, workup for oncological care.



# PALLIATIVE CARE TRAINING HELD FOR HEALTH

A training workshop on palliative care aimed at enhancing skills and knowledge of healthcare professionals in delivering compassionate care to patients facing life-limiting illness was organized by the the hospital from 15th to 19th January, 2024.

The training which was attended by 30 health personnel selected from various departments of the Hospital was facilitated by four experts with two from the German Rotary Club, one from the Family Medicine Department, Komfo Anokye Teaching Hospital, Kumasi and another from our facility.

Topics discussed included: introduction to palliative care, advanced care plan, pain management, breaking bad news, end of life, oral care, nutrition and liquids at the end of life, care for the care giver and spiritual care.

The training was well-received by the participants who were appreciative of the valuable knowledge shared by the experts. With deep understanding of palliative care, participants were better equipped to provide compassionate care to patients facing serious illnesses, ensuring that they receive dignity and support they deserve in their final stages of life.





## BREAST CANCER AWARENESS



According to the World Health Organization, breast cancer continues to be the most common cancer among women, taking many lives each year. The month of October has been designated to raise awareness of this disorder as part of

international efforts to stop this threat. Being one of the leaders in promoting breast cancer awareness in this area, Holy Family Hospital Berekum was not excluded from this season's events. The celebration's theme, "Stop the stigma! Be supportive," was revealed following a panel discussion with a group of specialists on Friday, October 4, 2024, marking the official start of Breast Cancer Awareness Month at the chapel. Throughout the month, many displayed their solidarity by wearing the symbolic pink ribbon and other pink paraphernalia.

The hospital started a broad education campaign regarding the illness by dispelling stereotypes about it on a variety of radio talk shows. The team from the hospital's Breast Care Unit conducted health screenings at senior high schools, churches, marketplaces, and business organizations like Form Ghana in order to further support the level of awareness-raising. Everyone could get free breast screenings and education at the facility's Breast Clinic. The clinic noticed a spike in customers over the month as a result of the hospital's intense awareness-raising efforts.



# CHILD FAIR 2024

The Department of Paediatrics, with assistance from the Hospital Management Team, created a health screening program for children in Berekum and its surrounding areas in response to this neglect.

This was the program's second iteration; the previous one took place in 2022. The program took place from 9 a.m. to 4 p.m. on May 1, 2024, at the Mixed School Park in Berekum as a group of medical specialists, including physicians, physician assistants, nurses, nutritionists, and laboratory Bio-scientists, carried out the screening program. Among their duties were: Nutritional status assessment, Ocular examination,

Examination of the otorhinolaryngology (ENT). Examination of the teeth, Medical advice and recommendations. Additionally, there were entertainment options like a bouncy castle, dancing, musical chairs, and face painting. The kids received complimentary meals and drinks from Promasidor Ghana, the company that makes the pasta dish Indomie and the beverage Cowbell. 211 of the 615 children who underwent screening were sent to the hospital for additional care of a variety of ailments. The initiative had a significant impact and was successful.



Adults who neglect their children are the target of the majority of health screening programs. With the goal of promoting early identification and prevention of health disorders among children aged 0-12.



## SURGERY FEST 2024

BRINGING HOPE AND HEALING TO THE COMMUNITY

As the saying goes 'Health is wealth' yet for many people in underserved communities, accessing essential healthcare is a challenge due to financial constraints. In light of this, the Department of Surgery under the auspices of the Hospital Management, and in collaboration with Operation Hernia team from Norway, organized free surgeries dubbed 'Surgery Fest 2024' for a vast array of conditions such as goitres, hernias, hydroceles and superficial swellings.

The event was officially launched through advertisements on local radio stations and social media platforms, ensuring widespread awareness and encouraging community members to take advantage of the opportunity. 'Surgery Fest 2024' ran from Monday, November 11th, to Friday, November 29th, 2024, and was supported by an expert team from our facility, Komfo Anokye Teaching Hospital, and visiting professionals from Norway and the Netherlands. A total of 165 patients were screened over the stipulated period with a total of 124 surgeries being performed altogether. The event received massive positive feedback from the beneficiaries and would go down in the annals of the Hospital as the most successful events in the year.



On June 25, 2024, the Nutrition Department of the Hospital hosted a lively and vibrant Fruit Day Celebration at the Berekum market. The event aimed to raise awareness about the health benefits of fruits and promote healthy eating habits within the community. With a focus on nutrition and well-being, the celebration attracted a diverse group of individuals, all coming together to enjoy a day filled with learning, fun, and of course, delicious fruits.

A Senior Nutrition Officer, Mr. Ankamah Kyeremeh Emmanuel, delivered an insightful talk on the numerous health benefits of consuming fruits. He highlighted how regular fruit consumption can help prevent chronic diseases and improve overall well-being, encouraging the audience to make healthier dietary choices.

A hands-on activity that was a hit with attendees was fruit salad preparation which allowed participants to create their own delicious and nutritious blends. This activity emphasized the importance of combining different fruits to achieve a well-rounded and balanced diet. There was also a colorful and visually appealing exhibition that showcased a wide variety of fruits, educating attendees about their nutritional content and the specific health benefits each fruit offers.

# PICTURES FROM THE FRUIT DAY CELEBRATION





## WORLD HEARING DAY CELEBRATION

The World Hearing Day which is observed on 3<sup>rd</sup> March every year was instituted in 2007 to promote ear and hearing care through awareness creation among the public on ear conditions, diagnosis and possible treatment.



The 2023 celebrations was under the theme ***'Ear and Hearing Care for all, let us make it a reality'***.

Preceded with series of activities including health education in churches and markets, Radio and TV talk

shows, free ear, nose and throat screening and audiological assessments, the celebration started from 27<sup>th</sup> February to 3<sup>rd</sup> March, 2023.

Out of the 200 individuals who were screened, 110 were referred to the facility for further management. In addition, ninety (90) underwent ear syringing, two (2) had foreign body removal while five (5) benefited from adenotonsilectomy.

The climax of the celebration brought together all the ENT Nurses and Audiologists in the Bono and Ahafo regions to mark the Day at the Omanhene's Park in Berekum on 3<sup>rd</sup> March, 2023. The 2023 World Hearing Day was historic for the hospital as it is the first regional celebration to be hosted in Berekum. It is hoped that the celebration would contribute to raise awareness about the hospital's ENT services.



Prematurity remains a leading cause of neonatal morbidity and mortality worldwide, with an estimated 13.4 million preterm births annually, accounting for 1 in 10 live births. The World Prematurity Day is observed each year on November 17 to raise awareness on the condition. The 2024 theme, "Over 13 million babies born prematurely every year, Access to quality care everywhere," emphasizes the urgent need for quality healthcare for every preterm infant, no matter where they are born.

Our facility participated in the month-long celebration with a range of activities aimed at educating the public. Health education sessions were held at the Antenatal/Postnatal Care Clinics and Neonatal Intensive Care Unit of the Hospital, while local radio stations were used to further spread awareness on prematurity. The celebration ended on November 22 with a grand durbar at the hospital's chapel.

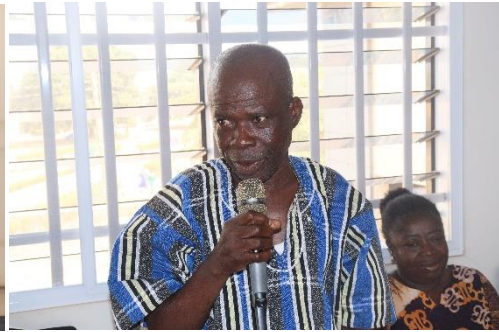


Present at the durbar were Hospital staff, Management and caregivers of preterm babies. During the climax, a PowerPoint presentation on complications of prematurity was made while certificates were presented to ex-preterms who successful attended our Prematurity clinic (KMC clinic).

# **EVENTS & ACTIVITIES**

**PHOTO GALLERY**

# TIME WITH RETIREES





# WHEELCHAIR DONATION

By: Rev. Fr. Richard Bediako  
(Knights of Columbus, USA)



## INAUGURATION OF CHAPLAIN'S OFFICE



# BREAST CARE CLINIC - INAUGURATION



## 32<sup>ND</sup> WORLD DAY OF THE SICK

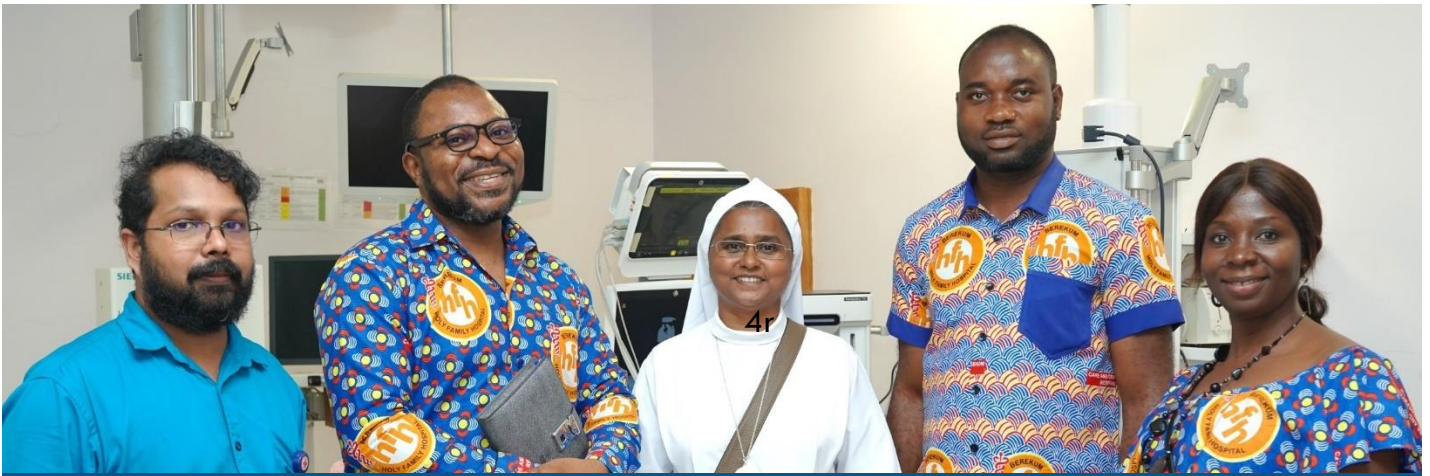


# INAUGURATION OF NEW PICKUP



# INAUGURATION OF NEW BUS





## OBSERVERSHIP VISIT TO RAJAGIRI HOSPITAL – A JOURNEY OF EXCELLENCE AND INSPIRATION

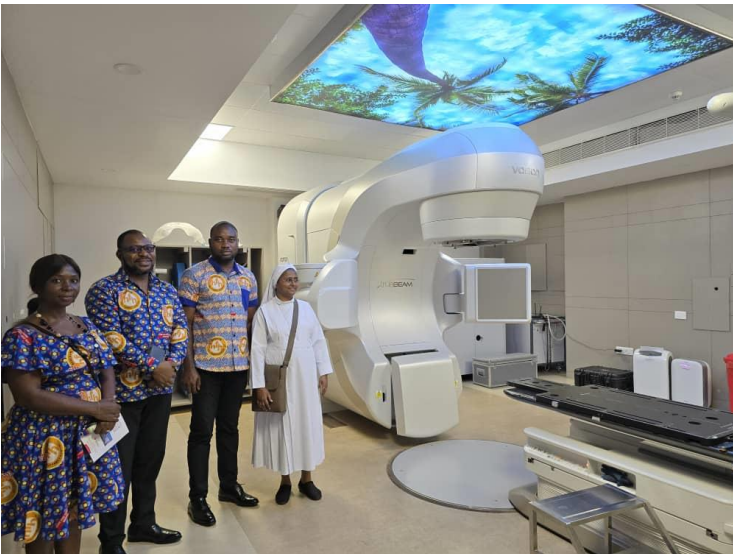
In October 2024, a distinguished delegation from Holy Family Catholic Hospital Berekum embarked on an observership visit to Rajagiri Hospital in Kerala, India a premier healthcare institution celebrated for its adherence to international standards of patient safety and quality care. Led by Rev. Sr. Reena V. John (Hospital Administrator), Dr. Med Frank Enoch Gyamfi (Medical Director), Ms. Rita Agyei Boakye (Academic Coordinator), and Mr. Kwadwo Ameyaw Korsah (Quality Manager), the delegation set out to explore innovative operational practices and strategic initiatives that could be adapted to enhance healthcare delivery back home.

Established in 2014 by the Rajagiri (CMI) group, Rajagiri Hospital has rapidly garnered acclaim, bolstered by prestigious accreditations from the Joint Commission International (JCI), the National Accreditation Board for Hospitals and Healthcare Providers (NABH), as well as NABL and ISO 22000:2018 certifications. The hospital is not only a beacon of quality but also a model of integrated care, merging advanced Western medical practices with the healing traditions of Ayurveda.

During the visit, the delegation received a comprehensive orientation by Rajagiri's management, who elaborated on the institution's mission "to provide the most advanced and scientific, curative, preventive, and promotive healthcare that leads to an 'abundance of life'" and vision "to give life abundantly." The hospital's robust infrastructure supports a diverse array of specialties from critical care and robotic surgery to specialized departments in cardiology, neurology, and oncology underscoring its status as a quaternary care hospital.

The visit provided valuable insights into other core departments. The Engineering Department's proactive maintenance protocols ensure rapid response times and continuous facility resilience, while the Nursing Department's structured competency framework and continuous professional development programs exemplify Rajagiri's commitment to clinical excellence. Moreover, the Quality Improvement and Service Excellence teams impressed the delegation with their systematic approach to incident review, patient feedback analysis through innovative tools like QR code-based systems, and real-time application of corrective actions.

This observership not only showcased Rajagiri Hospital's operational and clinical prowess but also provided actionable recommendations for Holy Family Catholic Hospital Berekum. Emulating Rajagiri's practices in financial counseling, discharge planning, continuous quality improvement, and leveraging technology in patient care could significantly elevate service delivery and patient satisfaction at our institution.





# COOKING COMPETITION





# DINNER AND AWARDS NIGHT





**DINNER & AWARDS NIGHT**

**BEST ENROLLED NURSE - 2024**  
(Leticia Atim)



**DINNER & AWARDS NIGHT**

**BEST HEALTH ASSISTANT - 2024**  
(William Oppong)



**DINNER & AWARDS NIGHT**

**BEST JUNIOR STAFF – ADMINISTRATION - 2024**  
(Frank Kwabena Boateng)



**DINNER & AWARDS NIGHT**

**BEST JUNIOR STAFF - ALLIED HEALTH - 2024**  
(Diana Ackon)





**DINNER & AWARDS NIGHT**



**BEST JUNIOR STAFF - MIDWIFE - 2024**  
(Sandra Bekoe)



**DINNER & AWARDS NIGHT**



**BEST JUNIOR STAFF – TECHNICAL SERVICE - 2024**  
(Kofi Busia)



**DINNER & AWARDS NIGHT**



**BEST JUNIOR STAFF LAB - 2024**  
(Amos Anthony)



**DINNER & AWARDS NIGHT**



**BEST JUNIOR STAFF RGN - 2024**  
(Williams Karikari)



**DINNER & AWARDS NIGHT**

**BEST SENIOR STAFF – ADMINISTRATION - 2024**  
**(Felix Nii Quansah)**



**DINNER & AWARDS NIGHT**

**BEST SENIOR STAFF - ALLIED HEALTH - 2024**  
**(Richard Asamoah)**



**DINNER & AWARDS NIGHT**

**BEST SENIOR STAFF – TECHNICAL SERVICE - 2024**  
**(Albert Kojo Rhule)**



**DINNER & AWARDS NIGHT**

**BEST SENIOR STAFF - THEATER - 2024**  
**(Regina Acquah)**



**DINNER & AWARDS NIGHT**

**BEST SENIOR STAFF RGN - 2024**  
(Cynthia Yeboah)



**DINNER & AWARDS NIGHT**

**BEST HOUSE OFFICER - 2024**  
(Dr. Samuel Sekyere)



**DINNER & AWARDS NIGHT**

**BEST MEDICAL OFFICER - 2024**  
(Dr. Francis Opoku Twene)



**DINNER & AWARDS NIGHT**

**MANAGEMENT SPECIAL AWARD - 2024**  
(Dr. Zachariah A. Osman)



**DINNER & AWARDS NIGHT**

**MANAGEMENT SPECIAL AWARD - 2024**  
**(Dr. De-Graft Kwasi Manu)**



**DINNER & AWARDS NIGHT**

**MANAGEMENT SPECIAL AWARD - 2024**  
**(Felix Abban)**



**DINNER & AWARDS NIGHT**

**MANAGEMENT SPECIAL AWARD - 2024**  
**(Agnes Kwayie)**



**DINNER & AWARDS NIGHT**

**MANAGEMENT SPECIAL AWARD - 2024**  
**(Peter Kyere)**

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