

Colourful Photos with Exciting Content

“SLIDES” covers all the
Events in 2023

**4TH EDITION
2023**

Highlight of 75th Anniversary
Grand Durbar on Page 21



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Editorial

We are happy to welcome you to this special edition of our Magazine '*SLIDES*' which covers all the events in 2023. We acknowledge that this is a departure from our normal publications in the past. Nevertheless, it does not represent a change regarding the time interval for releasing the Magazine in the future.

While we take this opportunity to assure you of quarterly publications of events in the hospital, we also encourage you to enjoy this special edition. We believe that this edition would keep you updated with the activities that were carried out before, during and after the 75th Anniversary of the hospital. You stand to experience an exciting content as majority of the write-ups are supported with colourful photos for your pleasure.

In conclusion, we wish to appreciate all the authors in this edition and also invite staff to present articles and research reports from their departments for the next publication.

EDITORIAL TEAM

- | | | |
|-------------------------------|---|--------|
| 1. Dr. Samuel T. Salamat | - | Leader |
| 2. Mr. Peter Quaque | - | Member |
| 3. Mr. John Asabi | - | Member |
| 4. Mrs. Rosemond Atobrah | - | Member |
| 5. Mr. Kwadwo Korsah | - | Member |
| 6. Mr. Justice Kwabena Boison | - | Member |

Message from Hospital Administrator

The year 2023 has been a unique period in the Holy Family Hospital Berekum. It has brought several challenges and also tremendous achievements and successes. None of these could have been accomplished without the passionate commitment and persistent perseverance of our staff.

We have experienced tremendous blessings personally and professionally. We have also consented gracefully to disseminate cheerfully the same blessings among our family, friends and our patients in the wholesome process of care giving. We are grateful to God for choosing us to be His instruments to make Holy Family Hospital a home of hope and healing.

Our great and brilliant teams at each department demonstrated such refined skills and ingrained dedication! You stood by our patients who were battling for life as angels of consolation, and with your empathetic presence most of them were able to brave it up. You smiled while caressing the new born and sobbed with those who lost their relatives. You did it valiantly working through diligent days and watchful nights. No matter how tough the work has been, you persistently prevailed.

Your compassionate approach brought smiles on their faces even in the midst of pain and gloom. You are the reason for the enormous growth and incredible success of this facility. Your strenuous efforts shaped the facility to be the **RESILIENT HOLY FAMILY HOSPITAL**. I encourage all staff to remain resilient in our drive to achieve better care for patients.

CELEBRATION OF 31ST WORLD DAY OF THE SICK



The introduction for the institutional celebration of the 31st World of the Sick is based on the message of His Holiness Pope Francis. According to our Holy Father, the World Day of the Sick calls for prayer and closeness towards those who suffer. The aim is to raise the awareness of God's people, healthcare institutions and civil society with regard to a new way of moving forward together. We are invited to reflect on the book of Ezekiel 34: 15-16 "I myself will be the shepherd of my sheep, and I will make them lie down says the Lord God. I will seek the lost, and I will bring back the strayed, and I will bind up the injured and I will strengthen the weak and feed them with justice". We are grateful to God as a Facility for the opportunity granted to us each year to celebrate this day in a very unique way and for the progress made over the years in serving humanity especially the poor, neglected and marginalized segments of our society as stated in our Mission.

This initiative by Pope John Paul II is in line with our Diocesan Health Policy which mandates us to mark this week-long celebration every year in all our Health Institutions. The theme for this year's 31st World Day of the Sick celebration is: **"Take care of Him" Compassion as a synodal exercise of healing.** With this theme, Pope Francis is encouraging us as healthcare professionals to be like the good Samaritan who calls the innkeeper to "take care of him"(Lk 10:35). Jesus addresses the same call to each of us. He exhorts us to "go and do likewise" (Lk 10:37). As Health Professionals, we are to lift up all men and women and rehabilitate the fallen. We are to identify with the vulnerable and work with Church by ensuring that no one....

Therefore, the main objective for this year's celebration was to reach out to everyone and ensure that a greater number of the population are cared for..... The Institutional celebration in Holy Family Hospital Berekum started on the 22nd of February which was the day for the launching and ended on the 1st of March with a Thanksgiving mass.



The following activities were embarked on during the week: Launching of the programme with a nice banner designed specifically for the celebration, Radio presentation *at the Akomapa FM station in Berekum* to create awareness on the celebration by *Rev. Sr. Judith Magbity the Nursing Administrator and Madam Mercy Ampomah the Public Health Nurse.*, Free Medical Screening and Covid- 19 Vaccination was organised at Nsoatre. A *good number of Clients (210) benefited from the services.* Health Talks in selected Churches, Health Talks at the Out Patient Department and Under 5 Clinic. All activities were successfully carried out and a positive impact felt by an increase in the OPD attendance.

The staff were also enlightened by the celebration and got the opportunity to render health care services to people living in the peripheries. *The celebration was climaxed with a thanksgiving mass at the chapel. In attendance were all category of staff working in the hospital comprising of Management members, Doctors, Nurses, None Clinicians, Student Nurses as well as patients and their relatives, clients who were pregnant also took part including children and many more.*

During his homily, the Chaplain, Rev. Fr. Emmanuel Wajar reminded staff that their task is very precious, noble and delicate. Therefore, they should render their services with commitment and compassion. That our Facility should be rebuilt by men and women who identify with the vulnerability of others, who reject the creation of a society of exclusion, and act instead as neighbours, lifting up and rehabilitating the fallen for the sake of the common good. He concluded his homily by congratulating the staff of Holy Family Hospital for their sacrifices.

Our cherished clients/patients and their relatives were then invited to the altar for special blessings and anointing. Following the blessing of the sick, all staff processed solemnly with open hands to the alter for blessing of the hands. Snack was provided for all clients and staff who attended the celebration.

FREE CATARACT SURGERY AT HFH



Cataract, which is a clouding of the lens of the eye is a leading cause of blindness especially among the aged in developing countries such as Ghana. However, the disease can be treated through surgery. It is in light of this that the Ophthalmology Department of the Hospital in conjunction with a US-based NGO, Himalayan Cataract Project (HCP) and Ghana Health Service organized a 4- day cataract surgery for patients from 27th February to 3rd March, 2023.

A total of 600 patients were identified with Cataract through community outreaches embarked from 13th to 24th February, 2023 as part of the preparation toward the Surgery Project. Notable among the communities that benefited from the exercise were Badu, Drobo, Seikwa, Kokoa, Buni, Asiri, Goka, Asuokor, Duadaso 1 and 2, and Ayenesu.

Staff of the Ophthalmology Department of the hospital together with a visiting team made up of four Ophthalmologists, one Optometrist, six ophthalmic nurses and six supporting staff carried the surgeries at the hospital. In all, the team successfully operated on 250 patients.

With the impact of this first ever free Cataract Extraction Surgery organized by the hospital, it is expected that more patients would benefit in subsequent years. This however depends on the level of support the hospital will get from benevolence individuals and organizations for similar activity in the future.



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HOLY FAMILY HOSPITAL HOSTS 2023 BONO REGIONAL WORLD HEARING DAY CELEBRATION



The World Hearing Day which is observed on 3rd March every year was instituted in 2007 to promote ear and hearing care through awareness creation among the public on ear conditions, diagnosis and possible treatment. The 2023 celebrations was under the theme *'Ear and Hearing Care for all, let us make it a reality'*.

Preceded with series of activities including health education in churches and markets, Radio and TV talkshows, free ear, nose and throat screening and audiological assessments, the celebration started from 27th February to 3rd March, 2023. Out of the 200 individuals who were screened, 110 were referred to the facility for further management. In addition, ninety (90) underwent ear syringing, two (2) had foreign body removal while five (5) benefited from adenotonsilectomy.

The climax of the celebration brought together all the ENT Nurses and Audiologists in the Bono and Ahafo regions to mark the Day at the Omanhene's Park in Berekum on 3rd March, 2023. The 2023 World Hearing Day was historic for the hospital as it is the first regional celebration to be hosted in Berekum. It is hoped that the celebration would contribute to raise awareness about the hospital's ENT services.

CELEBRATION OF INTERNATIONAL NURSE'S AND MIDWIVES' DAY - 2023



Each year, the Month of May has two international days to acknowledge and celebrate the work of Nurses and Midwives: International Day of the Midwife, celebrated on the 5th of May and International Nurses Day, celebrated on the 12th of May (Birthday of Florence Nightingale). This great day was meaningfully celebrated in Holy Family Hospital Berekum under the leadership of the Nursing Administrator – Rev. Sr. Judith Magbity, HHCJ. The celebration focused on the 2023 theme: ‘NURSES AND MIDWIVES: OUR FUTURE’. Dignitaries who graced the occasion were the Regional Executive Members of the Ghana Registered Nurses and Midwives Association (GRNMA) and some members of the Association from Berekum East. The Municipal Health Director Mr. Jacob Kojo Aleeba was present as special guest of honour. Other dignitaries present were the Academic Coordinator for Nursing (NMTC, Berekum), Rev. Sr. Margaret Afrifa, HHCJ, some of the Tutors from NMTC, the GRNMA Chairperson for Berekum West, Madam Charlena Appiagyei, The Secretary for Berekum East, Verontina Appiah and her team and other invited guests. The celebration began with praises and worship by all the nurses and midwives in thanksgiving to God for His goodness.



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By: Rev. Sr. Judith Magbity



A HISTORIC VISIT BY PARLIAMENTARY SELECT COMMITTEE ON HEALTH



It was historic and heartwarming when a distinguished delegation, consisting of a 14-member Parliamentary Select Committee of Health and esteemed representatives from the Christian Health Association of Ghana (CHAG) led by the Executive Director, Dr. Peter Yeboah, paid a momentous visit to our facility on 12th September, 2023.

The purpose of the visit was to personally witness and appreciate the exceptional services and exemplary leadership that the hospital has consistently showcased within the CHAG fraternity and overall, its significant contributions to healthcare in Ghana.



We take immense pride in this recognition and extend our gratitude to the members of the Parliamentary Select Committee of Health and the Christian Health Association of Ghana for honoring us with their visit. Their acknowledgment serves as motivation to continue striving for excellence in all aspects of healthcare delivery.





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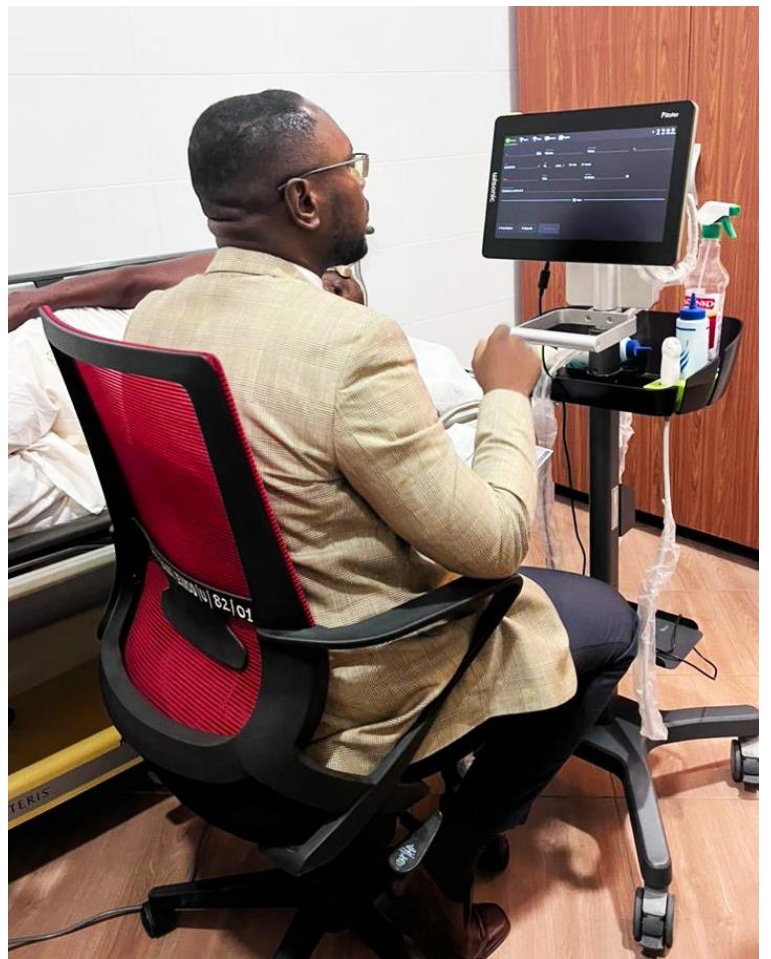


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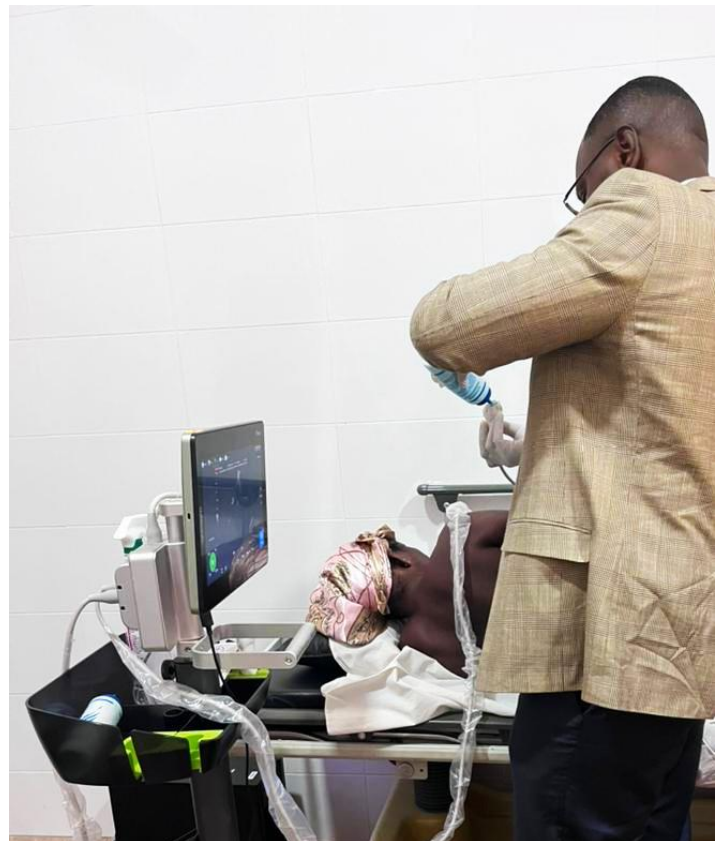
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PATIENT UNDERGOING CARDIOLOGY PROCEDURE



OBSERVATION OF “FRUIT-DAY” AT HOLY FAMILY HOSPITAL



Fruits play major role in the life and health of every individual. They contain vitamins, minerals and phytochemicals that nourish the body and serve as antioxidants. These antioxidants help boost the immune system and prevent the body from cancer. Also some of these vitamins and minerals help to release energy from carbohydrates and also help in red blood cells formation.



In spite of all these benefits, many people do not prioritize the intake of fruits. An observation made during nutritional status assessment of pregnant women and children under five demonstrated, 75% of them did not take any fruit for the past two weeks.

In view of this, the nutrition department with support from management and staff organized a fruit day on the 17th of October, 2023 to create awareness of the importance of fruits and to encourage every individual to take at least three servings of fruits daily. This occasion is meant to be celebrated at least once every year.

In attendance were the Hospital Administrator, Medical Director, the Nursing Administrator, the Human Resource Manager and some staff of the hospital. Also pregnant women and children under five and their care takers who visited the facility were present.

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The Nutrition Unit took the opportunity to demonstrate how to prepare fruit juice using locally available fruits and the sample of the juice was shared to all the participants. The Fruit-Day has become part of the hospital's calendar and will be celebrated every year.





CELEBRATION OF 2023 BREAST CANCER AWARENESS MONTH

Breast cancer remains the commonest cancer among women globally. In Ghana, an estimated 70% of patients are diagnosed in the advanced stages of the disease. The month of October is celebrated globally as breast cancer awareness month. The 2023 celebration was under the theme, ‘Better Breast Care, Working Together to Succeed’. The theme acknowledged the strides made in previous years in breast cancer education and care, and highlighted the need for further multidisciplinary collaboration for better outcomes.

The month’s celebration was launched by the hospital on 29th September, 2023 with a panel discussion on the basic must-knows of Breast Cancer as well an exposition on the theme and programme line up for the month.

Among the activities carried out to mark the celebration included a health walk, radio education on breast cancer, free breast examination throughout the month and health talks along with breast screening at some churches in the Berekum Municipality. In all, 271 women were screened for breast cancer during the month; signifying an improvement over previous year’s celebration.

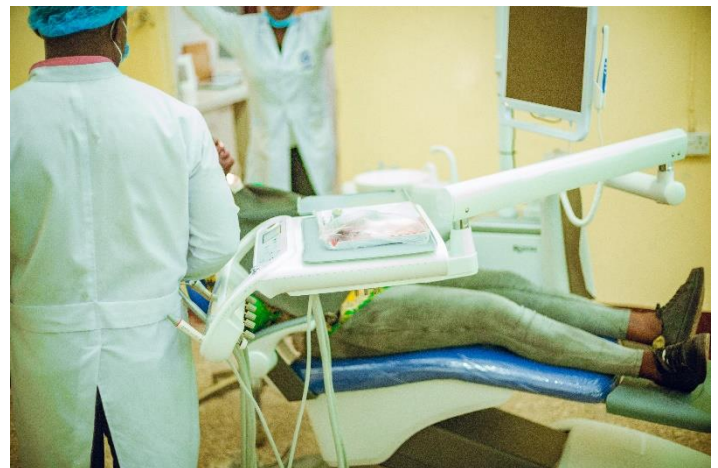
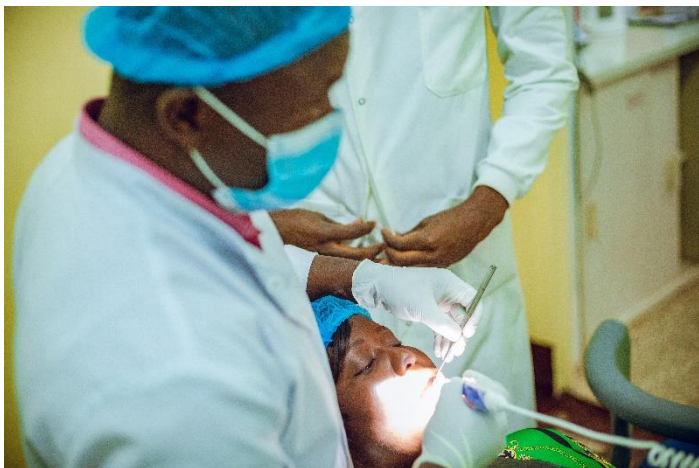
THE DENTAL CHAIR UNIT



The dental chair unit is a necessity of every dental professional. It consists of specific parts that include the dental chair, stool, lighting, aspiration, spittoon and other accessories depending on the unit type. The Dental Department of the hospital currently operates two dental chair units. They are the FONA and the recently installed ROSON dental chair units.

Using the ROSON unit as an example this article will briefly enumerate the components of the dental chair unit and the function of each.

1. The dental chair-It consists of a seat, a backrest, and armrests. Its position can be adjusted using to pro good visibility to the clinician and comfort for the patient during treatment. This can be done using the control pedal or keyboards.
2. Rotatable Spittoon –This a container placed next to the dental chair so the patient can rinse during or after a procedure.
3. Aspirator system-this is a small tube the is used to suction saliva of fluid that accumulates in the mouth during treatment
4. Instrument tray – This holds the necessary instruments needed for the dentist work.
5. Lighting system- This concentrates a beam of light in the patients oral cavity for good visualization during procedures. The ROSON chair unit has 4 eyes sensor lamp.
6. Connectors- The unit has two high speed and one low speed handpiece connectors.
7. 3- way syringe-This provides water, dry air and combination of air and water. These are required in various stages during procedures. The ROSON unit has a warming system that provides warm water in case needed.
8. Intra oral camera- With the use of the camera, patient is able to see his/her own mouth and helps the dentist in discussing treatment with the patient. Images taken can also be used to compare pre-treatment and post treatment outcomes.



CELEBRATION OF 2023 WORLD PREMATURETY DAY

The World Prematurity Day is observed globally on 17th November each year to raise awareness on the burden of preterm births, morbidity and mortality associated with prematurity. The theme for the 2023 celebration was “Small actions, big impact; Immediate skin-to-skin care for every baby everywhere” which underscored the importance of Kangaroo Mother Care. As part of the celebrations, the hospital embarked on various activities throughout November to educate and create awareness about prematurity in the Berekum Municipality.



Notable among the programs were weekly health education on prematurity at the antenatal and postnatal clinics, education on practice and benefits of Kangaroo Mother Care among mothers with preterm babies, as well as series of radio talk shows about prematurity at selected radio stations within the Municipality.

The hospital climaxed the celebration with a staff durbar where presentations on definitions, risk factors, etiology and complications associated with prematurity and the benefits of Kangaroo Mother Care were made. In addition, the practice of Kangaroo Mother Care was demonstrated using a mother and a preterm baby during the durbar. The celebration of the 2023 Prematurity Day by the hospital was highly characterized with successful educative programs and would contribute to increase awareness and knowledge regarding prematurity in the Berekum Municipality.



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HOLY FAMILY HOSPITAL BEREKUM AIMS TO ATTAIN TEACHING HOSPITAL STATUS



Commemorating a remarkable 75 years of redefining care and compassion and dedicated healthcare service on 7th December 2023, Holy Family Hospital, Berekum is pushing its boundaries of medical excellence with the aspiration to transform into a Teaching Hospital in the coming year. With its inception as a small clinic in 1948, the hospital has witnessed a considerable evolution, recently earning the status as a secondary hospital due to improvements in infrastructure, healthcare delivery, and others.

According to Most Rev. Matthew Kwasi Gyamfi the Catholic Bishop of the Sunyani Diocese, government has elevated the facility to the status of a regional hospital and they are working tirelessly to attain a Teaching Hospital status to rock shoulders with the likes of Korle-Bu and Komfo Anokye Teaching Hospital.

In line with this, the hospital is undergoing a series of expansions and upgrades to meet the standards of a Teaching Hospital. These advancements include the introduction of specialized units such as a Breast Clinic and an Oncology Department – foundational to the facility’s mission to broaden its healthcare horizons. Most Rev. Matthew Kwasi Gyamfi calls upon the collective support of government organizations and benevolent individuals to assist the hospital in achieving this height in healthcare delivery.



Rev. Sister Reena V. John, the hospital’s administrator, highlighted the concerning trend in prevalent chronic and non-communicable diseases, which are increasingly affecting the younger adults within the community. The hospital is developing a holistic and integrated plan to address these cases, she adds.

The 75th Anniversary grand durbar which was held at the forecourt of the new Out Patient Department (OPD) and Administration Block was graced with the presence of distinguished guests including Dr. Peter Kwame Yeboah, Director of CHAG; Most Rev. Matthew Kwasi Gyamfi, Catholic Bishop of Sunyani Diocese and President of Ghana Catholic Bishops’ Conference; Hon. Justina Owusu Banahene, Bono Regional Minister; Mr. George A. Adjei Esq., Director of Catholic Health Service Trust Ghana; revered Nananom of Berekum Traditional Council; among others.

Holy Family Hospital’s continuous endeavors towards pursuing the pinnacle of health service excellence are testament to its enduring commitment to its healthcare delivery. The transition to a teaching hospital in future does not just signifies growth but a prolonged promise to nurture a healthier, well-informed community supported by comprehensive healthcare and education.

HIGHLIGHTS OF 75TH ANNIVERSARY GRAND DURBAR





HIGHLIGHTS OF 75TH ANNIVERSARY THANKSGIVING MASS

